



Hartt Suzuki News

Hartt Community Division

Fall Semester 2009

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September 2009

Dear Suzuki Parents and Students,

Welcome back to the fall semester of 2009. In the past couple of days of teaching I have been hearing about all the wonderful music opportunities my students have benefited from throughout the summer. From day camps to Institutes to overnight music camps to Italy, wonderful adventures in music have enriched our students' lives making them all more complete human beings.

I want to take this opportunity to remind you about the four areas that will most benefit your Suzuki experience. These areas include, listening, review, practice, and attending group lesson. The combination of these four activities will help motivate your child and allow the learning process to happen with greater ease. Making listening and review a high priority in your daily practice is what allows your children to build up their self confidence, self esteem and sense of competency. When they have these qualities, they are motivated to continue. Group lesson is a place where they learn to work as a team, reinforce techniques previously learned in their lessons, and learn to be good listeners and valuable audience members. All of these components work together to form a cohesive package for learning. If one is missing, the chain is broken.

Now is a good time to take stock and find that missing CD or purchase an additional one to keep in the car. You can never listen too much. It is equally as important for parents to listen to the CD as it is the children. The parents need to know what the piece sounds like in order to help the child practice. It is also a good time to talk with your child about coming up with a new and exciting review plan so that it is organized, yet fun at the same time. Perhaps it could be merely a chart, a creative board game, table of contents spin, or all pieces that start on a particular note on one day. Whatever your strategy, if you and your child are excited about it, it will work. As with everything else, the more consistent you are, the easier it is. Consecutive days off cause great anxiety upon trying to return to the routine.

Stay tuned for information on our Spring workshop to be held on March 12 and 13. This is always an exciting event for students of all ages and levels. There is even a place to pre-register for this event on your annual lesson registration sheet.

I always like to hear your ideas and suggestions. I will be teaching at the UUC on Tuesdays this year and look forward to seeing you in the halls.

Best wishes for a wonderful Suzuki journey.

Teri Einfeldt, Hartt Suzuki Chair

UPCOMING DATES

09/26/2009

Carriage House
Violins @Hartt
11:00am-1:30pm
Sukman Foyer

10/31/2009

10:00 - 12:00
Suzuki Violin, Viola &
Cello Halloween Play-
Down

11/14/2009

Hartt Gala Handel
Performing Arts
Center

Hartt Suzuki Calendar 2009-2010

[2009 - 2010 Group
Class and Ensemble
Calendar](#)

SEPTEMBER

18 Johnson Strings at Hartt 6-7:30 pm--Hartt Millard Lobby
26 Carriage House at Hartt 11:00am-1:30pm--Hartt Millard Lobby

(Be sure to click on Suzuki String Calendar once you reach the Suzuki homepage.)

OCTOBER

9-10- Opus Retreat
 17- Solo Recitals 3:00 & 4:30- Hartt--Room 410/412
 18- Solo Recitals 2:00 & 3:30-Hartt-- Room 410/412
 31- Halloween Play Out- Time/Place TBA

NOVEMBER

2-6 BLACKOUT AT UUC-NO GROUPS OR ORCHESTRAS.
 7-Eastern and Southern MS Regional Auditions
 14-Hartt Gala 4:00 pm-Handel Performing Arts Center
 14-North and East HS Regional Auditions
 21-Western and Southern HS Regional Auditions
 21- Solo Recitals 3:00 & 4:30- Hartt--Room 410/412
 21-Carriage House at Hartt 11:00am-1:30 pm--Hartt Millard Lobby

23-25- Make Up Days-NO REGULAR LESSONS, GROUPS OR ORCHESTRA

26-29- Thanksgiving Break, No lessons groups, or orchestra

DECEMBER

5-HARTT BLACKOUT DAY-NO GROUP AND ORCHESTRA AT UUC

5-Western MS Regional Auditions
 6- Solo Recitals 2:00 & 3:30-Hartt--Room 410/412

12-SUZUKI GROUP CLASS CONCERTS-LINCOLN THEATRE:

**GUITARS- 12:00 PM
 VIOLINS, VIOLAS, CELLOS, BASSES- 3:00PM**

19-SUZUKI ORCHESTRA CONCERT-LINCOLN THEATRE (NO SATURDAY GROUP CLASSES)

20-CYS CONCERT-3:00 PM--Lincoln Theatre

21-Last day of HCD Classes

22 - 1/3 WINTER BREAK

JANUARY

4- HCD classes begin
 8-Eastern HS Regional Festival
 9-Northern MS Regional Auditions
 9-Eastern HS Regional Festival
 9-Carriage House Violins at Hartt Millard Lobby- 11:00am -1:30pm
 15-Northern and Southern Regional Festival
 16-Northern and Southern Regional Festival
 23-Solo Recitals 3:00 & 4:30-**Bliss Auditorium**
 26- Chamber Music Recital- 7:30pm
 29- **HARTT BLACKOUT DAY-NO PRIVATE LESSONS**
 30-All State Auditions

30- Chamber Music Recital- 3:00 & 7:30pm-Place TBD
 30- DECMS Auditions
 31- **HARTT BLACKOUT DAY-NO BASS GROUP CLASS**

FEBRUARY

12 -13 **HARTT BLACKOUT DAYS, NO LESSONS, GROUPS OR ORCHESTRAS AT HARTT**
 15-18- Make Up days-NO REGULAR LESSONS OR GROUPS
 19 -20 Regularly scheduled Lessons/Groups Orchestras
 27 DECMS Auditions
 27 Solo Recitals 3:00 & 4:30-**Hartt--Room 410/412**
 28 Solo Recitals 2:00 & 3:30-**Hartt--Room 410/412**

MARCH

12 -14- **SUZUKI WORKSHOP-NO REGULAR GROUPS OR ORCHESTRA**
 13 Carriage House Violins at Hartt in Millard Lobby- 11:00am-2:00pm
 22 -26 **CHURCH BLACKOUT DATES -NO GROUPS OR ORCHESTRA**
 22 - 27 Achievement Days - SAVE THE DATE!!!
 27 Solo Recitals 3:00 & 4:30- **Hartt--Room 410/412**

APRIL

3 String Honors Concerts Auditions
 10 Solo Recitals 3:00 & 4:30-**Bliss Auditorium**
 19-25 **Makeup Week-NO REGULARLY SCHEDULED LESSONS, GROUPS OR ORCHESTRAS**
 23-25- Vivace Retreat
 24-**NO GROUP OR ORCHESTRA**

MAY

1 Solo Recitals 3:00 & 4:30-**Bliss Auditorium**
 2 Solo Recitals 2:00 & 3:30-**Hartt--Room 410/412**
 8-Carriage House Violins at Hartt Millard Lobby- 11:00am-2:00pm
 8 **SUZUKI GROUP CLASS CONCERT LINCOLN THEATRE**
 GUITARS-12:00 PM
 VIOLAS-1:30 PM
 CELLOS-3:00 PM
 VIOLINS-4:30 PM

NO ORCHESTRA REHEARSAL

10-14 **CHURCH BLACKOUT DATES-NO GROUPS OR ORCHESTRA**

15 Junior String Honors Concert, place TBD
 16 Senior String Honors Concert, place TBD
 20 7:30 Guitar/Harp Honors Recital- Berkman
 22 **SUZUKI ORCHESTRA CONCERT-2:00 PM--LINCOLN THEATRE (NO GROUP CLASSES THIS DAY)**
 23 CYS Concert

24-NO GROUPS OR ORCHESTRA

JUNE

5 Solo Recitals 3:00 & 4:30-Hartt--Room 410/412

7 Last day of HCD classes

13-AUDITION DAY

14- Makeup week begins

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Community Division Office Hours & Phone Numbers

September-May: Monday to Friday: 8:30am - 7:00pm

Saturday: 8:30am - 12:30pm

June - August: Monday to Friday: 8:30am - 4:30pm

General Information

Main Number: (860) 768-4451

Email Address: harttcomm@mail.hartford.edu

Suzuki Email Address: harttsuzu@hartford.edu

Faculty Voice Mail: (860) 768-7768

Fax Number: (860) 768-4777

Web Site Address: <http://www.hcd.hartford.edu>

Messages for Community Division Faculty

*For cancellations of lessons please leave a message on your teacher's voice mail at 768-7768 plus extension #.

*Messages for Teri Einfeldt can be left at (860) 768-4015.

*All other messages should be left at the Community Division Office. (860) 768-4451.

Your teachers prefer not to be called at home unless otherwise requested.

Registration Information

Remember to register for lessons if you have not done so already. Registration may be done by phone (if paid in full by credit card at 768-4451); by fax, by mail, or in person during regular office hours with at least 10% of your tuition. Please make sure you are properly registered before the semester starts. This is imperative for our faculty, our school, and our student population.

Summer registration materials **are not** mailed home. If you wish to take summer lessons, please request registration materials from the main office.

Make-up Lesson Policy

Make-up lessons for student absences are not guaranteed by the Community Division.

If you know you have to miss a lesson, try to arrange a switch with another student and notify the teacher of the change. Many teachers have switch lists to help you with this. Lessons missed by the instructor will be made-up at a mutually agreeable. Lessons missed due to snow cancellations will be rescheduled only if the University of Hartford is officially closed, or your instructor can not travel. Makeup lessons for inclement weather are not guaranteed if your instructor has already arrived and you choose to cancel.

Cell free/computer free zone in all lessons & groups

Please turn off your cell phones and computers: your child and teachers need your undivided attention, and you need a break from multi-tasking. Your child will learn the value of what s/he is doing as long as you view it an important enough activity not to allow interruptions.

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Suzuki Group Class/Orchestra Schedule

2009-2010

GROUP	DAY	TIME	TEACHER	PLACE
<u>Bass Group</u>				
Bass Group	Sun	2:00	Powell	Hartt
<u>Cello Groups</u>				
Pre-Twinkle/Early Bk 1	Thur	5:15 - 6:00	Irons	UUC
Bk 1	Thur	5:15 - 6:00	Steiner	UUC
Appoggiatura	Wed	5:00 - 5:45	Irons	UUC
DaCapo	Tues	5:00 - 6:00	Irons	UUC
Intermezzo	Tues	6:00 - 7:00	Irons	UUC
Vivace	Sat	10:00 - 11:00	Savot	Hartt
Opus	Sat	10:30 - 12:00	Savot	Hartt
<u>Guitar Groups</u>				
Pre-Twinkle	Sat.	9:00-9:45	Madsen	Hillyer
Bk 1	Sat.	9:45-10:30	Madsen	Hillyer
Bk 2	Sat.	10:30-11:15	Rickevicius	Hillyer
Bk 2 Read.	Sat.	11:15-12:00	Rickevicius	Hillyer
Bk 2 Ens	Mon	4:30-5:15	Madsen	UUC
Bk 2	Mon	5:15-6:00	Rickevicius	UUC
Bk 3	Mon	5:15-6:00	Madsen	UUC
Bk 3 Ens	Mon	6:00-6:45	Rickevicius	UUC
Orchestra	Mon	6:00-7:00	Madsen	UUC
Book 4	Mon	7:00-7:45	Rickevicius	UUC
Book 5+	Mon	7:00-7:45	Madsen	UUC
<u>Orchestra</u>				
Appoggiatura	Wed	5:45 - 6:30	Drake	UUC

DaCapo	Tues	6:00 - 6:45	Drake	UUC
Intermezzo	Tues	5:00 - 6:00	Drake	UUC
Vivace	Sat	11:15 - 12:15	Drake	Hartt
Opus	Sat	12:30 - 2:30	Drake	Hartt

Viola Groups

Da Capo	Tues	5:15-6:00	Daetsch	UUC
Intermezzo	Tues	6:00-7:00	Daetsch	UUC
Varsity	Sat	9:15-10:15	Daetsch	Hartt
Viola Tour Group	Sat	10:00-11:00	Daetsch	Hartt
Twinkle	Sat	11:00-11:45	Ngai	Hartt

Violin Groups

Pre-Twinkle	Sat	9:15 - 10:00	Ngai	Hartt
Pre-Twinkle	Thur	5:00 - 5:45	Ngai	UUC
Forte	Thur	5:00 - 5:45	Slone	UUC
Andante	Thurs	5:45 - 6:30	Fay/Jones	UUC
Allegro	Thurs	5:45 - 6:30	Ngai	UUC
Appoggiatura	Wed	5:00 - 5:45	Fay/Jones	UUC
DaCapo	Tues	5:15 - 6:00	Isom	UUC
Intermezzo	Tues	6:00- 7:00	Einfeldt	UUC
Vivace	Sat	10:00 - 11:00	Slone	Hartt
Aria	Sat	10:00 - 11:00	Ngai	Hartt
Opus	Sat	11:00 - 12:00	Meyer	Hartt

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Practice with Frank

I am available to practice for Suzuki solo recitals on two days and at two locations: The Unitarian Universalist Church on Wednesdays beginning at 4:00pm and Saturday mornings from 8:00 to 10:00 at Hartt. To schedule a rehearsal at the UUC, please send me an e-mail at viola@hartford.edu. Sign-up sheets for Saturday rehearsals will be posted on the Suzuki bulletin board adjacent to the Community Division Office at Hartt for Saturdays. The sign-up sheet will have the location of the rehearsal written at the top. For these rehearsals, I must make four simple requests:

1. Please plan ahead. As soon as your teacher tells you of an upcoming recital, sign up for a practice time. No one should perform an accompanied piece on a recital if that piece has not been rehearsed with the accompaniment. Once all of the time slots are filled, it is very difficult - and often impossible - for me to schedule additional rehearsal times.

2. Please be prepared. Being "prepared" can mean having practiced, having listened to a recording of the piece, or having memorized the piece, but it also can mean making sure you have rosin in your case, having your music with you, or having the accompaniment with you. And speaking of

accompaniments... The only accompaniments that I always have with me are for the pieces in the Suzuki Violin, Viola and 'Cello (non-revised) books, along with any pieces that the group classes are performing. If you are playing something else - and that includes anything from the any of the revised Suzuki books - you must bring the accompaniment with you.

3. Please be considerate. The sign-up sheets should only be used to schedule rehearsals for upcoming Suzuki solo recitals. If your teacher has suggested that you practice with me for anything other than a Suzuki solo recital, if you are performing on a non-Suzuki recital, or if you would like to make a recording, we will need to try to make alternate arrangements.

4. Please be patient! As veterans of the program can certainly tell you, I am rarely exactly on time, though I do try my hardest to stay on schedule. But rest assured that I will spend as much time as necessary to make sure that we are prepared for the recital.

I am often asked for the best way to contact me. Since I work during the day and am usually either at Hartt or the Church after work, I am often very difficult to get in touch with! The best way to contact me is to try to talk with me before or after (but not during) group class. I obviously do not play for every group class, but you will probably find me in the building during your group class anyway. If you cannot speak with me in person, please e-mail me at viola@hartford.edu.

YouTube

Who hasn't heard of YouTube?! It is amazing that one can find everything from the sublime to the ridiculous there, as well as anything in between. Have you tried to search for performances of some of the late, great performers of the first half of the 1900s like Maria Callas, Jascha Heifetz, or Vladimir Horowitz? If not, you definitely should. Maybe you have seen the Japanese man who makes ocarinas out of vegetables, then plays folk tunes accompanied by his wife on an electronic piano. No? Definitely worth a view. Or how about... No doubt everyone has a favorite video to recommend.

YouTube has also become a popular place for students and their families to post videos of themselves, perhaps playing at home or performing in a student concert. Could there be an easier or better way to share a performance with other family members who were unable to attend, or with friends in other parts of the world, or, really, with anyone connected to the Internet? Probably not. But before posting a video on YouTube - or on any file sharing site -

of a performance that includes anyone other than yourself, please ask the permission of everyone involved. Even though doing so may not always be legally necessary, it is the polite and considerate thing to do. And, remember, your teacher is your friend! Always consider showing the video to your teacher before you post it. It's never a bad idea to get a second opinion.

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[Recommended Resource List](#)

[String Instrument Rental Sources](#)

1. Johnson String Instrument 800-359-9351 80 Langley Road, Newton Center, MA
2. The String House 800-828-3548 1531 Monroe Avenue Rochester, NY
3. Stamell Stringed Instruments 413-256-0936 15 North Pleasant Pleasant St. Amherst, MA

[String Instrument Purchase Recommendations](#)

1. Carriage House Violins 617-262-0051 321 Columbus Ave. Boston, MA
2. The String House 800-828-3548 1531 Monroe Avenue Rochester, NY
3. Potters Violins 301-652-7070 4706 Highland Ave. Bethesda, MD
4. Johnson String Instrument 800-359-9351 80 Langley Road Newton Center, MA
5. Stamell Stringed Instruments 413-256-0936 15 North Pleasant St. Amherst, MA

[Supplies](#)

1. Univ. of Hartford Book Store 860-768-4801 Harry J. Gray Center W. Hartford, CT
2. Johnson String Instrument 800-359-9351 80 Langley Road Newton Center, MA
3. Shar Products 800-248-7427 2465 South Industrial Ann Arbor, MI

4. Southwest Strings 800-528-3430 1228 E. Prince Rd.
Tucson, AZ
5. Kentuckiana Music Supply 800-523-8111 P.O. Box 14124
Louisville, KY
6. Ithaca Talent Education 800-338-7483 P.O. Box 669
Ithaca, NY
7. Young Musicians 800-656-8648 P.O. Box 40836
Fort Worth, TX
8. Concord Musical Supplies 201-261-3871 P.O. Box 916
Maywood, NJ
9. Patelson's 212-582-5840 Manhattan, NY 10. Frank's 212-
582-1999 Manhattan, NY

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[Suzuki Association of the Americas](#)

[Parent Membership](#)

The Suzuki Association of the Americas is the official organization that provides vision and leadership as well as organizational and financial support for all of its members throughout North, Central and South America. It is gratifying to take part in the work of this 36-year-old non-profit association. The Hartt Suzuki Program is recommending that you consider joining the Suzuki Association of the Americas as Affiliate members. This relatively inexpensive membership (\$35) offers a number of opportunities and resources that will significantly enhance your experience as Suzuki parents. Please consider becoming a member of this worthwhile organization.

Advantages of membership in the Suzuki Association of the Americas:

1. A subscription (free to all members) to the American Suzuki Journal, official publication of the Suzuki Association of the Americas. The journal contains many helpful articles for parents. Sample titles include: *A Sound Investment: Getting the Most for Your Time and Money; Measuring Your Child's Success; Help for Parents; Help the Children with Low Tolerance for Frustration; So Your Child Won't Practice.*
2. Access to important information about workshops and events that are featured in the *American Suzuki Journal*.
3. Access to books, pamphlets, videos, etc. that provide valuable information about Suzuki Talent Education and your role as parents.

4. Discounts for Sibelius® Software and SmartMusic® subscriptions.
5. Access to an on-line teacher referral service.
6. The opportunity to attend bi-annual SAA national conferences that feature an entire day devoted to parents' challenges and issues. Videos of past Parent Days are available from the SAA Resource Catalog. Students may also participate in these conferences by auditioning for the Suzuki student orchestras and master classes. Information about these conferences is available in the *SAA Journal* and on the Suzuki Association web site: www.suzukiassociation.org.
7. The opportunity to be part of something larger than merely your home studio. To become connected with a world-wide family parents, teachers and supporters of Suzuki Talent Education.
8. The opportunity to support an organization that enables your teacher to continue her education by providing annual teacher training workshops and long term university training for college students such as the Graduate program we have at the University of Hartford.
9. The opportunity to support an organization that is constantly expanding its horizons; supporting new programs, events and publications that improve the quality of the Suzuki experience for teachers and families throughout North and South America.

Please consider becoming a member of this worthwhile organization.

Visit www.suzukiassociation.org for more information.

To become a member, follow this link:

<http://www.suzukiassociation.org/services/membership/>

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The adult's idea that freedom consists in minimizing duties and obligations must be rejected. The foundation of education must be based on the following facts: That the joy of the child is in accomplishing things great for his age; that the real satisfaction of the child is to give maximum effort to the task at hand; that happiness consists in well directed

activity of body and mind in the way of excellence; and that true freedom has, as its objective, service to society and to mankind consistent with the progress and happiness of the individual.

--Maria Montessori

Music, Soccer and School Oh My!

Strategies for a Successful School Year

By: Diane Slone

Getting things situated for the beginning of the new school year can be extremely stressful. Working kids (and yourselves) back into the routine of the school year, making sure that there is ample time for homework, figuring out the schedule of activities and how to even physically get there can be a daunting challenge for even the most capable and experienced parent!

Although my years of running the gauntlet as a parent are few in number, I've had the great fortune to experience it with all manner of family types and ages of students for more than 30 years. Here are some observations, all of which really boil down to one thing:

Remember the best interests of your children in all scheduling and feeding.

This does not necessarily coincide with what is easiest and most convenient in terms of logistics! In all my years of teaching, I have **never** come across a child of less than middle-school age who thrived when scheduled for more than *one after school activity on the same day*, no matter how much they differed from one another. When I was in late elementary school, it became necessary for us to travel 80 miles one way for my violin lessons; the first year, we made this trip twice every week, even though it wreaked havoc with both of my parents' work lives. This was done so that I could have the benefit of having my private lesson and group class on separate days for the optimal learning experience. I became VERY good at doing homework and reading in the car!

As a very young teacher, I was appalled when I began

teaching at my brand new job, and found that I had preschool and kindergarten students (not to mention some "old" 8 & 9 year olds) who were - literally - coming to their violin lesson still dressed in leotard from ballet/gymnastics AND needing to rush into the bathroom at the end of the lesson to change into swimsuit to get to the swim lesson on time. It is not possible even for an adult to get something positive out of this type of scheduling!

In the best interests of your child....

also holds true when thinking of time schedules for lessons and practice. It is not fair to your child, their teachers, or whatever other people may be involved in an experience for them to be running full-out after enduring a car ride full of screeching to sudden stops at the lights in order to be on time (or less late) to an experience. This is true whether we're talking about a cello lesson, soccer practice, scouts, or even school. In my studio, students come into the room to get ready for their lesson. The benefits of this are multi-fold: 1)it gives students a small taste of the benefits of learning from observing the students who come before/after them (similar to the way in which Dr. Suzuki structured all of his individual lessons where people came for half of a day and sat and watched before/after their turn) 2)it lets me know when the next student has arrived so that I can wrap things up with the student having the current lesson 3)it allows me to observe the student (and parent)'s state(s) of mind/body. When a student bursts through the door, or the parent is standing over them trying to help/hurry the process of getting the instrument out and prepared, it's obvious that they are not ready for a lesson either mentally or in terms of their energy.

When planning your days for the school year, to the degree possible, *make sure that your child participates in the decision-making process about the structure/scheduling of their out-of-school hours.* You will get a lot more mileage out of your schedule if your child(ren) buy(s) in as much as is possible. My daughter has just started kindergarten, which requires that we leave our house at about 8a.m. each day. MaryChun wakes up fairly early - 6:15 is about her average. However, she really needs to ease into the day; still and silent is the mantra of our morning. **She** decided that she wants to practice at 7, which requires her to speed up her process significantly. However, because it was her

decision to practice at that time, she is much more willing to do so. My last year in Cleveland, one of my students approached me about a certain goal she wanted to achieve. She had just started high school, and had a parttime job as a church musician; she was positive that there weren't enough hours in her life to get everything she wanted/needed to do accomplished. We took one of her lessons and worked through her schedule together. The result was that Sharrah was really surprised at the amount of free time she had - she actually told me that it would be totally embarrassing to herself for her not to succeed with all of the free time that she saw.

One final thing about timing: *allot the amount of time for preparation that **your child needs**, not what you know to be reasonable.*

In the long run, it will - in fact - be faster, and it will definitely be much less frustrating than trying to force your child to work on your timetable. MaryChun is 5; it actually takes her longer to do the same things than it did about six-months ago...silliness is the modus operandi of her life, as it should be. If I don't allow for the silliness-factor when I plan for our day, it's MY hair that's being torn out in frustration, and we're both miserable by the time we get in the car. Of course, it (whatever "it" is) has actually taken way longer than if I had just embraced where she is and lived in that moment with her. Just imagine how much better her day could be if I had only remembered to be in her moment!

Make sure that you *fuel the furnace*. I think that almost all kids today are acquainted with the knowledge of some equivalent to "go, slow and woah foods". It may, in fact, be more restful for them to have their snack in the car than to try to have time inside the house. Please prioritize what will give your child more nutrients and energy for their brains, not make their bodies move uncontrollably! Healthy, pre-packaged-to-go-individual-serving snacks are readily available at every type of supermarket. Many students who have weekday group classes come straight to group from school. We want them to be able to be newly energized and focused when it's time for group to start: cheese and apples, yes! Soda Pop, NO!

In the best interests of your child...

It's not easy to do, but the results will be priceless.

Excerpts from:

To Learn With Love by William Starr:

"To Learn with Love" is a unique book written for parents by parents--parents who have also been teachers of the Suzuki Method for many years. From that combined perspective they share with you their experiences and insights. This is a book loaded with practical, usable information that opens minds and hearts to the wonderful adventure of learning with love.

Relaxation and Quiet Time

Running in from a high-powered game of soccer, Jason heard the screech of brakes as Mom turned into the driveway. She had worried during the whole trip home that she wouldn't make it in time for Jason's violin lesson. Now he was whisked into a tension-filled car for the hurried trip to the music studio. No parking place! (The bane of Suzuki mothers!) "Get out and run in while I find a place to park. We're late! Run!", mother screamed. Thus Jason entered the studio with less than normal composure.

There are days when such a scenario may be unavoidable. We've all had them. But planning and preparation should be done to reduce the number of these occurrences. There is no chance that a child can do her best work under that kind of tension. How much better it is to plan for the lesson in the following manner.

After a short shopping trip, mother picks up Judy at the door of her school. She knows that if she picks her up on music lesson days instead of letting her ride the bus, they will have time for a snack and short relaxation period before leaving for the lesson. "After you've washed your hands, come and have an apple, peanut butter sandwich and milk", mother says as they walk into the house. Following the snack, there is time for a short relaxation, affirmation, or visualization session. With plenty of time to spare, they leave home for the trip to the teacher's studio. They find a parking place and go in without any feeling of hurry.

It's obvious that Judy is in a position to gain more from her lesson than Jason. Preparing and planning ahead for the pre-lesson time yields a worthwhile result. You will see the difference and so will the teacher!

Snack Time or Snafu Time

In this book's chapter on nutrition, we talk about the effect that poor food choices for pre-lesson snacks can have on the quality of the lesson. We won't go into that again here except to say that it is extremely important that parents take this seriously, and many do. Enough is known about the effect of certain foods (or perhaps we should say non-foods) on the behavior and personality of the human being to make us think about and evaluate our own eating habits. We should ask this question: "Do our eating habits contribute constructively to the health of our minds and bodies?" With that in mind, we should choose our foods accordingly. Foods should build health, not just satisfy taste buds.

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2009-2010

Sight Reading Parties

String students from the following ensembles and groups are welcome and invited to attend:

Intermezzo, Vivace, Opus, Concert Ensemble, and CYS

We will begin the party with the most accessible sight reading and progress throughout the evening to more difficult music. Members of the Joza Karas Adult String Ensemble, HCD Faculty, Hartt Faculty and college students are invited and encouraged to come and play as well! Depending on the numbers of students at different levels who attend, the evening will look something like this:

7:30-8 Intermezzo level sight reading
 8-8:30 Vivace/Concert Ensemble level reading
 8:30-9 Opus/CYS level reading

Everyone is invited to attend for the whole hour and a half, but we will "tailor" the reading to the levels of the students who come.

7:30-9pm on Friday nights room 410/412....

October 23 7:30 - 9 pm

November 20 7:30 - 9 pm

January 8 7:30 - 9

February 5 7:30 - 9

March 5 7:30 - 9

April 30 7:30 - 9

Come, and bring a stand and a tasty treat to share!

A Heartfelt Thank You!

The violinists in the Suzuki program of Cuzco, Peru send their heartfelt thank you to all who contributed music accessories and supplies to their program and to Anne Lambright and her family for graciously delivering them during their stay in Cuzco this summer!

Concert Dress Uniforms

Pre-Twinkle, through Intermezzo Uniforms (Not Vivace/Aria/Opus 89!)

Hartt Suzuki string students in Pre-Twinkle--Intermezzo (book 4) have 2 options for purchasing uniforms. Traditional means through French Toasted are listed on the next page. Below are the details for a new option this year through Lands' End. If you order uniforms through Lands' End, they will donate a portion of your purchase price to our Fund for Access Program which provides financial assistance to needy families who wish to study at the Hartt Community Division. If you order from Lands' End, you will need to enter the following number which lists the Hartt Community Division as a preferred school when you place your order so money will come back to Hartt. The number is #9001-3155-8.

LANDS' END

Telephone: 1-800-963-4816

Website: www.landsend.com

Girls: 1. White Peter Pan Blouse with ruffle collar \$24.50

Item # 21953-65Y4 Little girl
 Item # 21953-75Y9 Big Girl
 Item # 21953-85Y3 Plus

2. Black A-line Skirt \$29.50
 Item # 06804-35Y5 Little Girl
 Item # 06804-45YX Little Girl Slim
 Item # 06804-55Y4 Big Girl
 Item # 06804-65Y9 Big Girl Slim
 Item # 06804-75Y3 Plus

To complete the uniform: black tights, red hair ornament and black dress shoes

Boys: 1. White Boys' Long Sleeve Oxford Shirt \$19.50

Item # 21931-55Y7 Little Boy
 Item # 21930-85Y7 Big Boy
 Item # 21931-25Y3 Husky

2. Black Pleated Front Reinforced Knee Blended Chino Pants \$25.00

Item # 23106-75Y3 Little Boy
 Item # 23106-85Y8 Little Boy Slim
 Item # 23106-95Y2 Big Boy
 Item # 23107-05Y5 Big Boy Slim
 Item # 23107-15YX Husky

3. Red Tie \$19.50

Item # 08222-2A71 Small or Medium

To complete the uniform: black belt, black socks, and black dress shoes.

FRENCH TOAST SCHOOL UNIFORMS

Telephone: 1-800-373-6248

Website: www.frenchtoast.com

Pre-Twinkle - Intermezzo (Book 4) Group Class Concert Uniforms

GIRLS: 1. White Peter Pan Blouse with Lace Trim Collar - long sleeve

1115B	Girls (4,5,6,6X)	8.98
1115G	Girls (7,8,10,12,14)	9.98
1115N	Girls (16,18,20)	10.98
1115U	Girls Plus (10 1/2 thru 20 1/2)	11.98

2. Black Pleated Skirt

1066B	Girls (4,5,6,6X)	8.98
1066G	Girls (7,8,10,12,14)	9.98
1066N	Girls (16,18,20)	10.98
1066U	Girls Plus (10 1/2 thru 20 1/2)	11.98

To complete the uniform: black tights, red hair ornament, and black dress shoes.

BOYS: 1. White Classic Dress Shirt - long sleeve

1014A	Boys (4,5,6,7)	8.98
1014F	Boys (8,10,12,14)	9.98
1014L	Boys (16,18,20)	10.98
1014S	Boys Husky (10 thru 20)	11.98

2. Black Pleated Double Knee Pant

1005A	Boys (4,5,6,7)	14.50
1005F	Boys (8,10,12,14)	16.98
1005L	Boys (16,18,20)	18.98
1004S	Boys Husky (10 thru 20) Flat Front	19.98

3. Adjustable Solid Tie - Red

10311	Boys (4-7) One Size	3.98
10312	Boys (8-12) One Size	3.98

To complete the uniform: black belt, black socks, and black dress shoes.

Concert Dress for Vivace, Aria & Opus 89 Groups and Orchestras

Formal Fashions: 1-800-528-7909 Fax: 1-480-491-2228
 Stage Accents: 1-800-631-1611 Fax: 1-201-750-2601 www.stageaccents.com
 Tuxedo Wholesaler: 1-800-828-2802 Fax: 1-888-456-2333 www.tuxedowholesaler.com

Taking Measurements:

1. BUST - Women measure around the fullest part of bust over bra.
2. CHEST - Men measure across shoulder blades, under arms, across chest.
3. WAIST - Measure around smallest part of natural waist.
4. HIPS - Measure around the fullest part of hips.
5. SKIRT LENGTH - Measure from waist to desired location for hem.
6. SLEEVE LENGTH - Men's tuxedo shirts only. Bend Elbow. Measure from center of back of neck, across shoulder, around point of elbow to wrist bone
7. BACK LENGTH - Measure from base of neck to natural waist

LADIES: 1. Dress from Tuxedo Wholesaler

Item: "Lillian" - Black, Preferred Fabric Price: \$52.50

Take bust, waist, and hip measurements, and then call or email Tuxedo Wholesaler

Dresses will need to be professionally hemmed to the ankle bone.

To complete the uniform: black nylons and black dress shoes.

GENTLEMEN: 1. Pants from Stage Accents - Black

Item #: 8510 Price: \$27.00

2. Shirts from Formal Fashions - White

Item #: 2186 Price: \$11.00

3. Button Covers from Formal Fashions
Item#: 1093GD Price: \$3.00

4. Vests from Formal Fashions - Black Satin Vest with 5 buttons
Item #: 0350RA Price: \$22.00

Take waist, sleeve, chest and height measurements before you order the uniform.

To complete the uniform: black belt, black socks, and black dress shoes.

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